



ASA/UKCC Level 1 Certificate for Coaching Swimming Course Information Sheet

Description

This qualification is aimed at those interested in supporting the swimming programme in competitive swimming environment. It is recognised as a UKCC Level 1 qualification and is on the QCF at Level 1.

Role

Once qualified the holder of the Level 1 Certificate for Coaching Swimming is able to actively support a more senior qualified / licensed coach at any level, in the delivery of a pre-prepared session. This person will be expected to have an understanding of the sport and a basic understanding of appropriate correction to common faults.

Syllabus

This certificate consists of 7 units. Units 101-104 are common to all disciplines and Units 105-107 are specific to teaching aquatics:

- **Unit 101** – Understanding the FUNdamentals of teaching/coaching sport
- **Unit 102** – Understanding the principles of planning teaching/coaching activities in sport
- **Unit 103** – Understanding how to conclude teaching/coaching activities
- **Unit 104** – Understanding the principles of evaluating coaching/teaching activities in sport
- **Unit 105** – Planning coaching activities
- **Unit 106** – Conducting coaching activities
- **Unit 107** – Evaluating coaching activities

Units can either be taken separately or at the same course. Units 101-104 must be completed prior to progressing to units 105-107.

Pre-requisites

- Candidates must be at least 16 years of age at the conclusion of the course.
- Be comfortable to swim and participate in the water.
- **Note** – If you hold the ASA/UKCC Level 1 Certificate for Teaching Aquatics then only units 105 -107 need to be completed

Recognition of Prior Learning

All of The ASA/UKCC qualifications allow candidates to present evidence of learning either formal or informal that has taken place prior to the course for consideration against the course learning outcomes. Candidates will be asked to complete a questionnaire prior to the course to help identify any areas of prior learning and help the tutor to tailor the course to individual candidates.

Assessment

- All units are assessed by the tutor/assessor
- Assessment methods are determined by tutor/assessor in conjunction with the candidate
- Completion of an assessment portfolio to meet the Learning Outcomes of the qualification

For further information and course details contact:

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